Adult Family Care/Foster Care

Presented by:
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Adult Foster Care (AFC), also called Adult Family Care, is a MassHealth funded program for frail elderly adults and adults with disabilities who cannot live alone safely.

AFC adults live with trained paid caregivers who provide daily care.

The program is for adults who need daily help with personal care, but want to live in a family setting rather than in a nursing home or other facility.

The caregiver provides meals, companionship, personal care assistance, and 24-hour supervision.
Who can be a Caregiver?

- Caregivers can be family members or non-family members.
- Caregivers cannot be spouses, parents of minor children, or legally responsible relatives.
- Caregivers must be approved by the program (interview, references, CORI check), and be able to provide 24-hour supervision.
What is Adult Foster/Family Care?

- Caregiver Benefits, Clinical Services and Supports
  - Financial reimbursement (up to $18,000 a year tax-free).
  - Caregiver trainings (CPR, First aid, fire safety, etc.).
  - Assistance with accessing community resources
  - Relief and alternative placement days (up to 15 days per year).
  - Caseworker management and nursing support
  - Intake assessment.
  - 24-hour emergency care phone consultation.
Who is Eligible for AFC?

- Individual must be 16 years of age or older.
- Must be unable to live alone because of a medical, physical, cognitive or mental condition.
- Must need daily assistance with one or more activities of daily living (ADLs).
- Cannot require full-time skilled nursing care
- Cannot be utilizing PCA (personal care assistance) services
- Must be willing to live with your caregiver
- Must be eligible for MassHealth or able to pay privately.
- Caregiver cannot be a spouse or another relative legally responsible for you (Note: For a minor child, the caregiver cannot be a parent).
What is Adult Foster/Family Care?

- Offers two levels of care:
  - **Level I:** is for people who need daily assistance with at least one of the following activities of daily living (ADL): bathing, dressing, toileting, transferring from one position to another, ambulating (walking or wheelchair assistance), or eating.
  - **Level II:** is for people who need assistance with three or more ADLs; or two or more ADLs, plus caregiver intervention for one or more of these behaviors: wandering, resisting care, being physically or verbally abusive, or socially inappropriate or disruptive behavior.
What is Involved?

- If the individual is eligible for MassHealth, that will pay for personal care services, service provider fees, and administration costs.

- Caregivers receive a tax-free stipend of $20-$25 per day for personal care services for Level I, and about $50 per day for Level II.

- MassHealth also pays service providers and program administrators for their services.

- Room and board is not included. If the person living a caregiver's home, they must pay the host family a monthly fee for room and board. The fee for room and board is approximately $450 per month. The caregiver will have a private or semi-private bedroom.
“We felt a sigh of relief when we found out about AFC at CLASS. Knowing that the support provides the little extra things that make Katie happy means less stress for us. Having a nurse check her vitals monthly in our home is so reassuring.” …Katie’s parents.
“I am thankful because of the AFC Program Kelvin's health has been stable. The nurse was great! The family economic situation has improved. We were able to move to a nicer apartment and now I am able to pay my rent.”....Rosalie, Kelvin and Elmer’s mother.
Adult Foster/Family Care Contact Information

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